

# 2009 ABC Basketball Clinics for 3<sup>rd</sup>/4<sup>th</sup>/5<sup>th</sup> Graders

## NJB Parents,

The Foothill Chapter is offering a Basketball Skills Building classes for players who are (currently) in the 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> grades. Classes will meet once a week from May through August at a local gym (Egan Small, Egan Large or Cupertino Middle). The clinics will be taught by Itau Chang. Itau Chang has been teaching Basketball Fundamentals to youngsters for many years in SVBC, and has run clinics for Foothill NJB for the last three years. These clinics are identical to Itau's SVBC classes, and are open to anyone not on one of his teams.

The clinics focus on offensive ball handling skills, such as dribbling techniques (both hands), shooting form, lay-up form, and even some "ankle breaker" moves. Players will be evaluated and divided into classes of a dozen (12) for instruction. The aim is to have similar level players in each class, to allow classes to progress over the summer at a comfortable pace for all players.

Classes will consist of roughly 1 ½ hours of drills and ½ hour of controlled scrimmage. Scrimmage is both a reward for working through the drills and chance to use the skills practiced.

Players are expected to be committed to making most (75% or more) of the classes. There will be approximately 16-17 class meetings through summer. The fees will be approximately \$235-240 for the entire session (est. \$15 per class meeting), dependent upon exact gym costs and instructor fees. Classes will meet once a week, on Monday or Tuesday from 6-8 pm. The first two weeks are for assessment. Enrollment forms will be filled out and fees collected at the second week's class.

The first class will be held on Monday May 4 from 6-8 pm at Egan Small. If you plan on attending the clinic, please fill out your child's name, gender, and grade level and email this information to Stuart Waugh at [stuartwaugh@yahoo.com](mailto:stuartwaugh@yahoo.com) . If you have questions about the clinic, please direct your questions to Stuart as well.

Players Name: \_\_\_\_\_

Gender (M/F): \_\_\_\_\_

'08-'09 Grade Level: \_\_\_\_\_